



Academic Studies Abroad FALL SEMESTER 2010 – John Cabot University ORIENTATION & ACADEMIC CALENDAR

Activities in BLUE are **MANDATORY** and **free**.

Activities in RED are included with the **ASA** program and have been **planned especially for you (no fee)!**

Activities in GREEN are optional and require a **non-refundable participation fee**.

Activities in PURPLE are optional and are **free of charge**.

THIS ITINERARY IS SUBJECT TO CHANGE.

If there are any changes, you will be notified by ASA or Pilar.

Things to accomplish before you depart!!

- **Complete JCU Housing Check-in ONLINE** at http://www.johncabot.edu/Student_Life/Housing/Housing_Contract.aspx. *If you do not check-in online, you will be delayed up to 2 additional hours before getting to your apartment.*
- Make sure you've got everything on your **Last-Minute Checklist** (this was enclosed with your pre-departure packet)
- Read your pre-departure guides, *in particular* the **Roman Housing Booklet**
- Read **Walking Directions to Hilton** (on PAGES 4-5 of this itinerary)
- Read **Arrival Survival Kit** (on PAGES 6-7 of this itinerary)
- **PRINT this itinerary PLUS the above 4 documents and bring them with you to Rome**
- Review the itinerary below and start getting excited for your trip!

Wednesday, September 1, 2010

9:00 AM - 5:00 PM

Arrival at Rome Airport & Housing Move-in:

You must **have your passport stamped** BEFORE you exit the customs & baggage claim area! Once you exit the customs & baggage claim area, look for an **ASA** sign in Terminal 3, where the ASA Site Director, **Pilar**, will be waiting for you. **You must EXIT the baggage claim in order to find Pilar!**

If you have a travel delay on the way to Rome, you must call Pilar at 331 566 4361 (in Italy) / 011 39 331 566 4361 (from the U.S.)

Once you find Pilar, you will **walk to the Hilton Airport Hotel** (approx. 7 minutes; hotel is adjacent to airport via walkways). At the Hilton, **find the conference room** called "Sala Degli Imperatori," where you will complete **Housing Check-in**. After completing check-in, you will be transported to your apartment.

Rome Airport

Hilton Airport Hotel

9:00 AM - 5:00 PM

JCU Staff and Student Ambassadors are available to answer questions at the university.

Tiber Campus

5:30 PM - 6:30 PM

Meet and Greet Event. Meet new and returning JCU students.

Tiber Campus

Thursday, September 2, 2010

9:00 AM - 5:00 PM	JCU Staff and Student Ambassadors are available to answer questions at the University.	Tiber Campus Guarini Campus
9:00 AM - 10:00 AM	ITALIAN BREAKFAST (Optional) for new students, faculty and staff (coffee, orange juice and croissants)	Tiber Campus
9:00 AM - 5:00 PM	Meet Student Life staff and students assistants to sign up for Activities, Trips, and Sports	Tiber Campus
9:00 AM - 1:00 PM	PERMIT TO STAY SESSION - MANDATORY (last names A-M)	Tiber Campus
<u>Last Name A-M</u> Yellow Bracelets	<p>You MUST bring the following items to your Permit to Stay Appointment:</p> <ul style="list-style-type: none"> a) Your passport b) 4 identical, passport-sized photos c) 1 photocopy of EVERY PAGE of your passport d) 1 photocopy of your student visa e) 1 photocopy of your AMI medical insurance policy (<i>ASA mailed this to you with your pre-departure guide</i>) f) 1 photocopy of your JCU Italian Visa Letter, stamped by the Italian Consulate (<i>the Consulate should have returned this to you with your visa!</i>) g) 1 photocopy of a credit card statement, bank statement or other documents demonstrating adequate means of support (<i>i.e. Proof of funds</i>) 	
9:00 AM - 1:00 PM	FORMS, STUDENT ID'S, CELL PHONES SESSION - MANDATORY (last names N-Z)	Tiber Campus
<u>Last Names N-Z</u> Yellow Bracelets		
2:00 PM - 6:00 PM	FORMS, STUDENT ID'S, CELL PHONES SESSION – MANDATORY (last names A-M)	
<u>Last Names A-M</u> Yellow Bracelets		
2:00 PM - 6:00 PM	PERMIT TO STAY SESSION - MANDATORY (last names N-Z)	
<u>Last Names N-Z</u> Yellow Bracelets	<p>You MUST bring the following items to your Permit to Stay Appointment:</p> <ul style="list-style-type: none"> a) Your passport b) 4 identical, passport-sized photos c) 1 photocopy of EVERY PAGE of your passport d) 1 photocopy of your student visa 	

- e) 1 photocopy of your AMI medical insurance policy (*ASA mailed this to you with your pre-departure guide*)
- f) 1 photocopy of your JCU Italian Visa Letter, stamped by the Italian Consulate (*the Consulate should have returned this to you with your visa!*)
- g) 1 photocopy of a credit card statement, bank statement or other documents demonstrating adequate means of support (*i.e. Proof of funds*)

6:00 PM - 8:00 PM

ASA ORIENTATION SESSION with Pilar MANDATORY

Tiber Cafeteria

8:00 PM - 10:00 PM

Yellow Bracelets

JCU MANDATORY HOUSING WORKSHOP

Location: Aula Magna Regina

*Students will be notified of their assigned time slot upon check-in***Guarini Campus**

Friday, September 3, 2010

9:00 AM - 10:00AM

ITALIAN BREAKFAST (Optional) for new students, faculty and staff (coffee, orange juice and croissants)

Tiber Campus

9:00 AM - 5:00 PM

Meet Student Life staff and students assistants to **sign up for Activities, Trips, and Sports**

Tiber Campus

1:00 PM – 2:00 PM

LUNCH on your own

1:00 PM – 2:00 PM

6:00 PM - 8:00 PM

JCU HOUSING - RESIDENT ASSISTANT SESSION MANDATORY

Location: Aula Magna Regina

Guarini Campus

Saturday, September 4, 2010

9:00 AM - 10:00 AM

ITALIAN BREAKFAST (Optional) for new students, faculty and staff (coffee, orange juice and croissants)

Tiber Campus

9:00 AM - 5:00 PM

JCU Staff and Student Ambassadors are available to answer your questions at the University at the information tables

Tiber Campus
Guarini Campus

9:00 AM - 5:00 PM

Meet Student Life staff and students assistants to **sign up for Activities, Trips, and Sports**

Tiber Campus

1:00 PM – 2:30 PM

WELCOME BBQ FOR ALL NEW STUDENTS: meet PRESIDENT DR. FRANCO PAVONCELLO, and DEAN of ACADEMIC AFFAIRS, DR. MARY MERVA.
Bring your JCU ID Card as your admission ticket

Tiber Campus

3:00 PM - 5:00 PM

Yellow bracelets

JCU MANDATORY ORIENTATION SESSION

– Aula Magna Regina

*Students will be notified of their assigned time slot upon check-in***Guarini Campus**

5:00 PM - 7:00 PM

Tour of Trastevere neighborhood and campus tour
Meet at the entrance of the Tiber Campus

Tiber Campus

8:00 PM - 9:30 PM

ASA WELCOME DINNER

*Meet at the JCU Entrance of Guarini Campus***Guarini Campus**

Sunday, September 5, 2010

9:00 AM - 5:00 PM	Meet Student Life staff and students assistants to sign up for Activities, Trips, and Sports	Tiber Campus
10:00 AM - 12:00 PM	AMERICAN BRUNCH for new students, faculty and staff (Optional, fee required)	Tiber Cafeteria
10:00 AM	WALKING TOUR OF ANCIENT ROME: meet in front of JCU <i>Wear comfortable shoes!</i>	Guarini Campus
1:00 PM – 4:00 PM	BUS TOUR OF ROME: meet in front of JCU Mandatory sign-up at events table, Tiber Campus <i>Wear comfortable shoes!</i>	Guarini Campus

ACADEMIC STUDIES ABROAD – FALL SEMESTER 2010**Excursions, Activities & Academic Calendar**

Activities in **BLUE** are **MANDATORY** and free.

Activities in **RED** are included with the ASA program and have been planned especially for you (no fee)!

Activities in **GREEN** are optional and require a non-refundable participation fee.

Activities in **PURPLE** are optional and are free of charge.

► *Additional excursions/activities TBA by email.*

SEPTEMBER

1-2	Wednesday – Thursday	Arrival & Housing Move-in
1-5	Wednesday - Sunday	Orientation & Registration for all students
4	Saturday	Registration for new degree-seeking students
5	Sunday	Walking tours – Ancient Rome (10am) Bus tour – Christian Rome (1pm)
6	Monday	Classes Begin
8	Wednesday	Welcome from the U.S. Embassy Cooking Class 6:30PM (Guarini Rooftop Terrace)
10	Friday	JCU Ariccia Day Excursion Last Day for add/drop. Last Day for Late Registration.
11	Saturday	Blue Green – Out Door Education Trip (TBA)
13	Monday	Belly Dancing 5:15 – 6:30PM
14	Tuesday	Yoga 1:15 – 2:15PM Self-defense – Introductory class 5:30 – 7:00PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
15	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30PM Wine Tasting 6:30PM (Aula Magna)
16	Thursday	Tai Chi Chuan 5:15 – 6:15PM
17	Friday	Make-up day for November 25
18	Saturday	Blue&Green
20	Monday	Belly Dancing 5:15 – 6:30PM
21	Tuesday	Yoga 1:15 – 2.15PM Self-defense 5:30 – 7:00PM
22	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30Pm Cooking Class 6:30PM (Guarini Rooftop Terrace)

23	Thursday	Tai Chi Chuan 5:15 – 6:15 PM
24 - 26	Friday – Sunday	Weekend Trip – VENTOTENE ISLAND
27	Monday	Belly Dancing 5:15 – 6:30PM
28	Tuesday	Yoga 1:15 – 2:15PM Self-defense 5:30 – 7:00PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
29	Wednesday	Pilates 1:15 – 2:15PM
30	Thursday	Belly Dancing 5:15 – 6:30PM Tai Chi Chuan 5:15 – 6:15PM

OCTOBER

1	Friday	Appia Antica/Catacombs Tour / Gladiators' School
4	Monday	Belly Dancing 5:15 – 6:30PM
5	Tuesday	Yoga 1:15 – 2:15PM Self-defense 5:30 – 7:00PM
6	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
7	Thursday	Tai Chi Chuan 5:15 – 6:15PM
8	Friday	Make-up class day for November 1 holiday
10	Sunday	Day Trip – Under the Tuscan Sun
11	Monday	Belly Dancing 5:15 – 6:30PM
12	Tuesday	Yoga 1:15 – 2:15PM Self-defense 5:30 – 7:00PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
13	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30PM
14	Thursday	Tai Chi Chuan 5:15 – 6:15PM
15	Friday	JCU Trip to Perugia Euro Chocolate
18 - 21	Monday – Thursday	Mid-Term Exams
25	Monday	Belly Dancing 5:15 – 6:30PM
26	Tuesday	Yoga 1:15 – 2:15PM Self-defense 5:30 – 7:00PM
27	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
28	Thursday	Tai Chi Chuan 5:15 – 6:15PM
29	Friday	JCU Trip to Pompeii
30	Saturday	Hiking – Lago di Nemi

NOVEMBER

1	Monday	Holiday – All Saints' Day – no classes
2	Tuesday	Yoga 1:15 – 2:15PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
3	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30PM
4	Thursday	Tai Chi Chuan 5:15 – 6:15PM
5	Friday	JCU Tivoli Day Excursion
8	Monday	Deadline for Faculty submission of mid-term warnings
9	Tuesday	Belly Dancing 5:15 – 6:30PM Yoga 1:15 – 2:15PM Self-defense 5:30 – 7:00PM
10	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
11	Thursday	Tai Chi Chuan 5:15 – 6:15PM
12	Friday	JCU Trip to Assisi
15	Monday	Last day to withdraw from a course
16	Tuesday	Belly Dancing 5:15 – 6:30PM Yoga 1:15 – 2:15PM Self-defense 5:30 – 7:00PM
17	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30PM Cooking Class 6:30PM (Guarini Rooftop Terrace)

18	Thursday	Tai Chi Chuan 5:15 – 6:15PM
19	Friday	Make-up day for December 8 holiday Deadline for Registration for Spring Semester
22	Monday	Belly Dancing 5:15 – 6:30PM
23	Tuesday	Yoga 1:15 – 2:15PM Cooking Class 6:30PM (Guarini Rooftop Terrace) Ballet Opera Night 8PM
24	Wednesday	Pilates 1:15 – 2:15PM Belly Dancing 5:15 – 6:30PM JCU Thanksgiving Dinner
25	Thursday	Holiday – Thanksgiving – no classes
29	Monday	Belly Dancing 5:15 – 6:30PM
30	Tuesday	Yoga 1.15 – 2:15PM Self-defense 5:30 – 7:00PM

DECEMBER

1	Wednesday	Pilates 1:15 – 2.15PM Belly Dancing 5:15 – 6:30PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
2	Thursday	Tai Chi Chuan 5:15 – 6:15PM
6	Monday	Belly Dancing 5:15 – 6:30PM
7	Tuesday	Yoga 1:15 – 2:15PM Cooking Class 6:30PM (Guarini Rooftop Terrace)
8	Wednesday	Holiday – no classes
9	Thursday	Classes end Tai Chi Chuan 5:15 – 6:15PM
10	Friday	Study Day
11 - 17	Saturday – Friday	Final Examinations, End of Fall Semester
18	Saturday	JCU Housing move-out deadline

Terms and Conditions Re: Activities in Green

Payment Policies

- All activities must be paid for in advance.
- The University does not offer refunds for trips and activities after the stated deadline (which appears in the brochure and Events-Activities list you can get from the Student Services office after you arrive).
- Should a student cancel their participation, priority will be given to students on the waiting list.

Events and Excursions

- Spaces are offered on first come first served basis.
- Cancellation and payment deadlines are announced on all registration sheets. Please read these carefully when signing.
- Students will be notified via University email of the itinerary for each trip a few days before each trip.
- Students will be notified in advance should a trip be cancelled due to insufficient interest.

External Trips Provider. Contact: LaDolceVitaStyle@Gmail.com
All Other Events/Excursions: Sign Up in the Student Services Office

John Cabot University at Rome Fiumicino Airport

Walking Directions to the Hilton Rome Airport Hotel

A pedestrian walkway connects the Hilton Rome Airport to all domestic and international terminals at the Leonardo da Vinci Fiumicino Airport and takes approximately 7min, by foot, to reach.



Directions from Terminal 3 (T3)/Terminal 2 (T2) Arrivals – Travelers from the US will arrive here

1. Clear /baggage claim/Custom and exit the doors into the Terminal 3/Terminal 2 arrival area
2. Meet the JCU Representative who will indicate the way to the Hilton or
3. With your back to the baggage claim/customs area, turn left
4. Take the elevator to the 2nd floor – “Terrazza di Roma.” (This is located next to the bar called “Chef Express” – with the large red sign)



5. Exit the elevator and turn left, heading towards the skywalk



6. Keep going straight – there are many sections and moving sidewalks involved (images below)



7. Follow the Hilton Airport Roma Hotel Signs



8. Take the elevator, at the end of the skywalk, down to the ground floor



9. Follow the long sidewalk to the Hilton's Main entrance (picture above)

10. Make your way through the Hilton to JCU's designated conference room: "Sala Degli Imperatori"



Upon Arrival Check-in Flow

- Clear customs and walk into the arrivals waiting area
- Meet the JCU representatives and make your way, by foot, to the Hilton Rome Airport (7 minutes skywalk).
- Make your way to JCU's assigned conference room: '*Salone Degli Imperatori*'
- Provide a CLEAR copy of passport and visa
- Receive the keys to your assigned apartments
- Receive apartment maps with directions
- Be aware of your assigned time for the Mandatory Housing Workshop
- Review your Resident Assistant's Letter for the time and place of your mandatory meeting
- Be shuttled to your assigned apartment
- Review the conditions and provisions in your apartment and submit the provided 'Housing Inventory Sheet' to the Housing Office
- Attend the Mandatory Housing Workshop
- Attend the mandatory meeting with your assigned Resident Assistant
- Discuss the Resident Agreement with your new roommates
- Confirm yourself for your RA's neighborhood tour for the following day – don't make evening or travel plans during orientation weekend.
- Attend the mandatory meeting with your assigned Resident Assistant

So, you have landed...

What To Do Now

OK. It's been a long, tough trip. Your sense of adventure is wearing thin, and you need a hot shower. The end is almost in sight. Once you have picked up your bags and gone through customs:

- Get about €150 (if you have not arrived with it)
- Go to TERMINAL 3 ARRIVALS where a representative with a JCU sign will direct you to the check-in area at the Hilton Rome Airport Hotel
- Head towards the Hilton to check-in and catch our shuttle – Ask for JCU's assigned conference room


Shuttle Information

- Runs from 9 am to 7 pm on designated arrival dates
- Only for students who submitted Arrival Information Form prior to arrival in Rome
- If you arrive at another time or day, please make your own transportation arrangements

If you can't take the shuttle...

Alternate Transport

Train:

-  Entering arrival area, follow signs to the FS Trenitalia Station
- Take the Leonardo Express to Stazione Termini, the main train station in Rome
- Cost of a ticket is €11
- Train departs every half hour on the :07 and :37 mark
- The last train is at 11:37 pm
- Take a taxi once at Termini station

Taxi:

- Exit the arrivals area
- Follow the signs to the taxi stand
- Prices for a taxi range from €50 to €80, depending on the trip

Car Service:

- AutolineRoma: +39.339.385.5056
- 24-hour car service
- Ask for your JCU student discount

You are encountering difficulties...

Common Problems

Missing Bags:

- Don't panic, it happens a lot!
- Find the airline's help desk in the luggage claim area to fill out a claim
- Provide the address of the University for delivery
- We'll help you check with the airport for luggage updates

Stuck in a Connecting City:

- Go to the tourist/help desk and ask if there is a hotel nearby
- Verify transportation to and from the airport
- Notify JCU of the change

Delayed Flight/JCU Closed:

- Hilton (convenient!) at Rome Airport: +39.06.65258
- Medaglie D'Oro (Fall/Spring): Via Gualtiero Serafino 8 +39.06.3973.9700
- Any hotel near Campo di Fiori, the Coliseum, the Pantheon, Piazza Navona or Spanish Steps is centrally located and a short ride to JCU

Before you depart...

Carry-On Checklist

- Passport - 3 copies of your photo & visa pages
- Visa
- Calling card
- Credit card
- ATM card (remember to ask your bank if it is alright to use in Europe)
- Prescription medications
- Change of clothes (plan ahead for luggage delays)
- About €150 for any immediate needs (if you prefer not to use the ATM or exchange money at the airport)
- Italian dictionary-phrasebook
- Patience and an open mind to make the most of your new and exciting adventure!

Also, don't forget to forward and share this information with your parents and to send JCU your arrival info if you are arriving during working hours.

Don't leave without it...

John Cabot University



In case you need us...

Contact Information

Central Office: +39.06.681.9121
Emergency Cell: +39.335.775.5474
(Note: once in Italy, leave off +39.
After 8 pm, call the emergency cell.)

Address: Via della Lungara 233
Roma - Trastevere

Safe travels, and see you soon!

Arrival Survival Kit